

Gastrosocopy Patient Preparation

If you have made an [appointment](#) with us for a [gastrosocopy procedure](#), you will need to follow the prescribed preparation instructions below. Proper patient preparation is very important for the procedure to be successful and safe.

General Instructions

The following is a requirement of all endoscopy patients.

Make Arrangements for Someone To Collect You after the Test.

Due to the use of anaesthetic during the endoscopy procedure, you will experience side effects such as drowsiness and lethargy. You are, therefore, not advised to drive or operate machinery.

Please arrange for a friend or relative to collect you approximately one and a half hours after the procedure as you will not be permitted to drive or leave the facility on your own.

What to bring with you:

- Completed admission paperwork – this must be **completed the day before and brought on the day**
- Medicare card (*Please inform staff when booking if you have no Medicare card, Interim card or reciprocal card*)
- Private insurance card (if applicable)
- Aged Pensioner card
- Account payment (*We accept MasterCard, Visa or cash and provide EFTPOS facilities to facilitate easy payment of accounts on the day*)
- List of medications
- Reading glasses (if necessary)

Wear Loose Clothing and Leave Valuables Behind

Please wear light casual clothing and do not bring valuables with you.

Remove Lipstick and Jewellery

Please do not wear lipstick or jewellery.

Remain Under Competent Supervision For 12 Hours

For 12 hours after the procedure, you should remain in the care of a responsible adult and not drive or operate machinery.

IMPORTANT! Do not drink or eat for 6 hours prior to the test!

Avoid alcohol for 24 hours prior to your procedure.

You may take your usual medication with a sip of water no later than 2 hours before the test unless otherwise instructed by your Doctor.

Please contact us at prep@gastrodoctor.com.au (preferred) or 90444200 if you have any queries